

# *Cantarella School of Dance*

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Official School of the  
Albany Berkshire Ballet  
**Madeline Cantarella Culpo, Director**



September 9, 2011 – June 4, 2012

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#116 Fenn Street – Pittsfield, MA 01201  
abballet@verizon.net  
**(413) 442-1307**



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**ADDITION FEES APPLY**  
Ages 4-5 \$10 Ages 6 & up \$15

**ABB Nutcracker Auditions**  
Cantarella School of Dance  
116 Fenn St., Pittsfield, MA  
Sunday, September 11, 2011  
Open to all local girls  
and boys ages 4 and up.

**Audition Times**  
Ages 4-5 10:00-11:00 AM  
Ages 6-8 11:00-12:30 PM  
Ages 9 & up 1:00 PM

**(413) 445-5382**

## Artistic Director



### Madeline Cantarella Culpo

Director-Founder and Artistic Director of the Albany Berkshire Ballet, is an alumna of the Juilliard School where she studied ballet with Margaret Craske, Antony Tudor and Alfred Corvino and modern dance with Martha Graham. She is a nationally recognized teacher of dance, having taught throughout the United States, including at Jacob's Pillow. She was featured in

the November 1996 issue of "Dance Magazine" in an article entitled "Great Starts American Teacher Series"- " A Tribute to Teachers Who Have Produced Outstanding Results." In addition, Mrs. Culpo has received three choreography fellowships from the NEA.

## School/Program Information

The Cantarella School of Dance is known for its outstanding balanced dance curriculum. Director Madeline Cantarella Culpo founded the School of Dance in 1955 with the goal of providing personal attention and training for students and professional dancers. Graduates have gone on to dance with the Albany Berkshire Ballet, Joffrey Ballet, American Ballet Theatre, Jacob's Pillow and the Pennsylvania, Ohio, Portland, and Washington Ballets. The School teaches the Cecchetti method of ballet developed by Enrico Cecchetti, world renowned teacher of the Ballet Russes and ballet master of Diaghilev Ballet Russes, who trained such dancers as Pavlova, Fokine, and Nijinsky. Among his proteges was English ballerina Margaret Craske who later taught at the Juilliard School and Jacob's Pillow. From Miss Craske, Madeline Cantarella Culpo developed her technique.

At the Cantarella School, the welfare of our young dancers is paramount. The program provides inspiration and progressive physical development in a professional friendly atmosphere. Classes are offered at all levels and are held Monday through Saturday. Modern, Jazz, and Tap classes are offered to compliment classical ballet training. Students at the Intermediate and Advanced levels are encouraged to take a minimum of two classes per week; discounted rates apply for those taking multiple classes.

## Academy & Jr. Company Program

Serious students are encouraged to audition for acceptance into the Academies of the School or the Junior Company of the Albany Berkshire Ballet. This comprehensive training program for advanced students is designed for those who want to commit more time to the art of dance. Classes accelerate talented students, exposing them to nationally known teachers in a pre-professional instructional setting. In addition, both the Academies and the Junior Company perform frequently in the Capital Region and throughout the Berkshires.

## School Calendar

### Days Off - Parent Observations - Special Dates

Classes Begin Friday, September 9, 2011

Sep 11	Nutcracker Audition	Jan 20	Plan B2& C3 Tuition Due
Oct 10	Columbus Day	Jan30-Feb5	Parent Observation Wk
Nov 1	Recital Payments Due	Feb 19-26	Mid Winter Break
Nov 4	Plan C2 Tuition Due	Mar 17	Plan C4 Tuition Due
Nov 11	Veteran's Day	March 2012	Spring Open House
Nov 22-27	Thanksgiving Break	April 6-8	Easter Break
Dec 20-Jan 2	Winter Break	Apr 15-22	Spring Break
Jan 3	Classes Resume	May 26-28	Memorial Day Wknd
Jan 16	MLK Jr. Day	Jun 4	Last Day of Classes

## School Policies and General Information

**Placements:** Students will be placed in classes that are appropriate for their level of physical development and maturity. Placement decisions are made by the director and are final.

**Make-up Lessons:** Make-up lessons are offered for absence due to illness provided notification of a student's inability to attend classes has been received in advance and must be used within one month of absence. Students are expected to arrive on time for classes or may be asked to watch or attend a make-up class. This promotes an injury free environment and encourages respect for our instructors and for our fellow dancers.

**Private Lessons:** Private Lessons are available and must be arranged through Cantarella School of Dance

**Recital and Costume Fees:** Our annual recital takes place in late May or early June. Although it is not mandatory, we encourage participation as it is a rewarding experience and builds confidence. Costume fees are to be paid in full by **November 1st** for each class you register .  
S Child-\$45      M/L Child-\$47      XL Child/ Lg Adult-\$52      XL Adult-\$57

**Closings:** Please phone the school for weather related closings. Check your local radio or television stations or the website or Facebook

## Dress Code

### DRESS CODE - Skirts are allowed the first week of each month.

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|----------------------------|--|
| ▶ Pre Ballet I, II & Intro | Pink Leotard (Cap sleeves)                               |
| ▶ Elem. Ballet I & II      | Light Blue Leotard (Cap sleeves)                         |
| ▶ Ballet III               | Navy Blue Leotard (Cap sleeves)                          |
| ▶ Ballet IV & Up           | Black Leotard  |
| ▶ Boys                     | Blk. Pants, Wht. T-shirt, Wht. Sox, Blk. Ballet Slippers |
| ▶ Modern                   | Leotard, Footless Tights                                 |
| ▶ Jazz                     | Leotard, Tights or Jazz Pants & Jazz Shoes               |
| ▶ Tap                      | Tap Shoes, Leotard, Tights or Dance Pants                |

**ALL STUDENTS**— Hair must be worn securely in a bun, no bangs. Girls must wear pink or white tights and white leather ballet slippers. We strive to maintain a professional atmosphere for our students, therefore our dress code will be enforced at all levels.

Jr. Co. & Academy students must wear their academy leotard to all repertory classes. Students will be notified when Academy & Jr. Company leotards are available for purchase in Rond de Jambe.

## Resident Faculty

**Nancy Ropelewski King** - is a graduate of the Cantarella School. Mrs. King was a principal dancer and ballet mistress with the Albany Berkshire Ballet for many years. At Jacob's Pillow she taught classes and also performed in Coppelia with the ABB. Her choreography "Peter and the Wolf" has been performed extensively throughout the Northeast. Mrs. King along with Artistic Director Madeline Cantarella Culp choreographed the popular "Cinderella" and "Mother Goose" ballets.

**Deirdre Duffin Swindlehurst** - Started dancing at age five under Madeline Cantarella Culp and went on to be a principal dancer with the Albany Berkshire Ballet. She joined the Pennsylvania Ballet in 1980, and rose to soloist in "The Nutcracker", "Coppelia", "A Midsummer Night's Dream," "Les Sylphides," and "The Four Temperaments." Ms. Duffin has appeared as a guest artist at Jacob's Pillow and has toured the US with Leonid and Valentina Koslov and with Cynthia Gregory and her "Celebration Tour".

**Carla Comeau** - a Pittsfield resident and former student of the CSOD, will teach Jazz and Lyrical. Carla danced with "Five College Dance Group" at the University of Mass. Amherst and performed "Canonic Waltz" under the direction of Mark Morris. Carla is also an alumna of the Jacob's Pillow School Jazz program and has studied with many great Jazz Masters including Danny Burcheski, Billy Sigenfeld and Gus Giordano.

**Marcus Rogers** — studied in NYC on scholarship at Peridance Center, Studio Maestro and the Joffrey Ballet School. Some of his professional credits include the national tour of Sesame Street Live, the national tour of Bear in the Big Blue House and Jean Ann Ryan Productions with the Norwegian Cruise Lines. Marcus has performed many principle roles with the Northeast Ballet Company. He has also worked with the Schenectady Light Opera Company, Park Playhouse, SPAC, the National Museum of Dance and Spotlight Management. Most recently he performed with the Albany Berkshire Ballet in The Nutcracker. He is currently a faculty member and Assistant Director of Dance at Union College.

**Christianna Kavaloski** - is a former professional dancer with over 25 years of experience. She began her training at Walnut Hill School for the Performing Arts in Natick, MA, then went on to study and work with the Boston Ballet, Boston Repertory Ballet, Danny Sloan Dance Company, New York City Ballet, Joffrey Ballet, and the Alvin Ailey American Dance Theatre. Her teaching experience includes beginning through advanced levels of ballet, pointe, lyrical, dance history, dance appreciation and company direction. Christianna has taught for Wheaton College, Regis College, Dean College, Springfield College, Boston Ballet and Albany Berkshire Ballet. Ms. Kavaloski holds a Bachelor of Arts degree from the University of Massachusetts, and a Master of Science degree from Boston University.

**Chuck Paquette** — MFA in Dance Smith College, BFA in Dance SUNY Purchase. Chuck studied with Madeline Culp and has worked on and off with the Albany Berkshire Ballet since the mid 1970's. He has taught and performed in NYC, Boston and throughout the Northeast and was artist-in-residence at Kansas State University. Some of his teaching venues include; MCLA, Smith, Hampshire, and Williams College, The Pioneer Valley Ballet, Amherst Ballet Theater, the Walnut Hill School of Performing Arts in Natick, the Institute of Contemporary Dance in Cambridge, the Berkshire Dance Theatre in Adams and the morning classes at Jacobs Pillow. Chuck makes an appearance incognito for the annual Albany Berkshire Ballet's Nutcracker.

## Dance Curriculum

**Pre-Ballet I** (3-4 yrs. old) - 45 Minutes Creative movement encompassing stretching, motor coordination and music appreciation and rhythm

**Pre-Ballet II/III** (5-6 yrs. old) - 45 Minutes

A continuation of Pre-Ballet I with an introduction to basic ballet steps.

**Introductory Ballet** (6-7 yrs. old) - 45 Minutes The basics of the ballet barre taught with development of center and diagonal floor work. Focusing on proper alignment and strength.

**Ballet I-III**(7yrs. & Up) -The basics of ballet barre and center work are taught with emphasis on proper placement and body alignment. Each level builds on material learned in the previous level with more complex musicality, rhythm, and physical movements added as the student progresses.

**Ballet IV through Advanced Levels** Emphasis on strengthening technique with new steps introduced at each level. Total body awareness becoming an integral part of development. Combination steps, speed, more advanced skills and musicality and lyricism are reinforced at these levels.

**Pointe**— (10 yrs. & older w/teacher approval) - 1/2–1 Hour All pointe students are strongly encouraged to take ballet class twice a week. Pointe work requires strength, ankle flexibility and correct alignment. Students are recommended for pointe work on an individual basis at the discretion of the director.

**Modern Dance** (9 yrs. & Up) - 1 Hour This class focuses on the modern dance techniques of Martha Graham, Jose Limon, and Lester Horton and explores the use of space, focusing on body alignment.

**Lyrical** (12 yrs. & Up) - 1 Hour A combination of ballet and jazz dance that come together through smooth and controlled movements.

**Beg./Interm./Adv. Jazz** (7 yrs. & Up) - 1 to 1-1/2 Hours Stylized dance forms based on fundamental ballet training and inspired by the pulse of today's popular music. Classes consist of center floor exercises, progressions and dance combinations.

**Adult/Teen Ballet** These classes are designed especially for the older student who is new to the art of dance or is refreshing a past knowledge.

**Broadway Dance** (8yrs & up) Dance class focused on Broadway style of dance. Many include jazz, lyrical, tap. Mr. Rogers will introduce classic as well as modern day musicals

**Hip Hop** (8yrs & up) Fast moving and energetic dance inspired by the streets and sound of today's urban and popular music.

**Tap**(5yrs– 12 yrs) Stylized American theatrical dance form using precise rhythmic foot patterns and movements and audible foot tapping. Tap dance is popular in many musicals and Broadway shows.

# Tuition Schedule

## 2011-2012 Tuition Schedule – 33 Weeks

**Registration begins August 9th**

\* Advanced registration is required. Classes close when they reach maximum capacity.

\* Registrations are accepted by mail and in person, Tues – Friday 10-2.

\*Registration evenings will be Pittsfield August, 16 – 18 5:30 – 7, Lenox, Sept 7, 3:30 – 5:00

\* *Discounts given only if paid by date due.* \* Tuition is non refundable nor transferable. \*

\$20 Returned Check Fee, \$10 Late Fee. \* **\$15 Annual Registration Fee for all students.**

Please choose a payment plan and pay by date indicated.

Plan A – Full payment by Sept. 9, 2011

Plan B – Two equal payments due Sept. 9, 2011 and Jan. 20, 2012

Plan C – Four equal payments due Sept. 9, Nov. 4, 2011, Jan. 20, Mar. 17, 2012

Class	# per week	A	B	C
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### Classical Program

PreBallet 1 & 2, or Introductory Ballet	1	361	185	95
Ballet 1 and 2	1	414	213	109
	2	798	410	210
Ballet 3 and Up	1	528	271	139
	2	1003	515	264
	3	1429	733	376
	4	1889	969	497
Professional Rate	5	1976	1014	520
Unlimited Ballet and Modern				

### Contemporary Program

Modern, Jazz, Tap, Broadway, Contemporary Lyrical Fusion, Hip Hop	1	414	213	109
	2	798	410	210
	3	1151	591	303
	4	1474	757	388
Professional Rate				
Unlimited Classes	5	1759	903	463

### Combined Classical and Contemporary

	1	251	129	66
(Professional Classical Rate + this discounted Contemporary Class rate)	2	502	258	132
	3	753	387	198
	4	1005	516	264
	5	1256	645	330

### Adult Class Card

1 Hour Classes	5 Class Card	\$71.25	10 Class Card	\$140
1.5 Hour Classes	5 Class Card	\$88.75	10 Class Card	\$175

### Drop In Classes

45 Minutes-	\$13.25	1 Hour-	\$15.00	1.5 Hours-	\$18.75
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## 2011-2012 CLASS SCHEDULE

MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	A	B	A	B	A	B	A	B	A	B
Ballet IV 4:00— 5:30	Pre Ballet I 4:00— 4:45	Ballet II 4:00-5:00	Ballet I 4:00— 5:00	Lenox Pre Ballet I 3:30- 4:15	Intro 4:15-5:00	Tap/Jazz Combo 4:00— 5:30	Int. Pointe 4:00— 5:00	Ballet I 9:30- 10:30	Ballet II/III 9:00- 10:00	Pre Ballet II 10:45— 11:30
Adv. Ballet 5:30— 7:00	Adv. Modern 5:15— 6:15	Ballet V 5:00 – 6:30	Ballet III 5:00— 6:30	Lenox Pre Ballet II 4:15- 5:00	Ballet V 5:00— 6:30	Hip Hop 5:30— 6:30	Adv. Ballet 5:00— 6:30	Pre Ballet I 10:30- 11:15	Intro 10:00- 10:45	Adv. Pt. 11:15- 12:45
Jr. Co Rep 7:00— 8:00	Inter. Jazz 5:45— 6:45		Acad I Rep 6:30— 7:00	Lenox Intro I/II Ballet 5:00- 5:45	Sr. Acad. Rep 6:30- 7:15	Broad- way Jazz 6:30— 7:30		Jr. Co. Rep. 12:45- 2:15	Pre Ballet II 10:45— 11:30	Open/Int. Ballet 11:30— 1:00
			Adv. Ballet 7:00— 8:15	Lenox Ballet I 5:45- 6:45						